



ROYAL THAMES YACHT CLUB

Women's J70 Open Championship

Shepards Wharf Marina, Cowes

Saturday 5th October - Sunday 6th October 2019

SAILING INSTRUCTIONS

Portsmouth High Water (all times BST)

Date	Time	HW
Saturday 5 th October	04.57	4.3
	17.13	4.2
Sunday 6 th October	05.57	4.0
	18.12	3.9

1. Rules

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS), and these Sailing Instructions.
- 1.2 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty except where the breach of the rule occurs within the Zone.
- 1.3 The Associated British Ports Southampton Byelaws current at the start of the first race of the event shall apply.
- 1.4 In the event of conflict between the Notice of Race and these Sailing Instructions, the provisions of these Sailing Instructions shall prevail, changing RRS 63.7.

2. Notice to Competitors

- 2.1. Notices to competitors will be posted on the official notice board at Shepards Wharf Marina, Cowes and on the online notice board on yachtscoring.com.

3. Changes to Sailing instructions

- 3.1 Any change to the Sailing Instructions made ashore will be posted by 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it takes effect.

4. Signals Made Ashore

- 4.1. Signals made ashore will be displayed at Shepards Wharf Marina.
- 4.2. When flag AP is displayed ashore “1 minute” is replaced by “not less than 45 minutes”. This changes Race Signals AP.

5. Event Schedule

- 5.1 Briefing for all competitors: 0900 Saturday 5th October
Breakfast will be available from 0830 on Saturday and Sunday.
- 5.2 Scheduled Warning Signal for first race:
- 1100 Saturday 5th October
1030 Sunday 6th October
Subsequent races will start as soon as possible after the last boat finishes.
- 5.3 A maximum of 4 races will be sailed each day; however, in the event of an adverse weather forecast or other operational reason, the format may be altered by the race committee at its discretion. Any such decision shall not be subject to a request for redress, changing RRS 60.1 (b) and 62.
- 5.4 To alert boats that a race or sequence of races will begin soon, the orange starting flag will be displayed with one sound five minutes before a warning signal is made.
- 5.5 No Warning Signal will be made after 1500 on Sunday 6th October, unless there is a postponement in the starting sequence or a general recall.
- 5.6 A Reception, courtesy of the Slingsby Gin Company of Harrogate, followed by a Regatta Dinner will be held at the Sir Max Aitken Museum, the Prospect, 83 High Street, Cowes on Saturday 5th October at 1900.

6. Class Flags

- 6.1. The class flag will be Flag J.

7. Racing Area and VHF

- 7.1. The racing area will be the Central Solent. The exact starting area/committee boat location and the VHF channel to be used will be announced at the briefing and posted on the online notice board.

8. Areas that are Obstructions

- 8.1. Boats shall comply with Associated British Ports Notice to Mariners No 14 of 2019: The Moving Prohibited Zone in the Precautionary Area which shall rank as an obstruction for the purposes of RRS 19 and 20. Boats shall avoid close quarters with any commercial vessel.

- 8.2. Boats shall not anchor or kedge in the Cowes harbour fairway and in the area between Stone Point and Gurnard Bay as indicated on Admiralty Chart 2040. Gas and water pipes, telephone and electricity cables carrying 133,000 volts lie on the sea bed.
- 8.3. Boats shall keep a good look out for ferries and commercial traffic and should note that large commercial vessels have very limited manoeuvrability, particularly in the shipping channel to the east of Norris buoy.
- 8.4. The race committee may set courses that do not permit boats to sail rhumb line courses between marks, particularly over the central Solent Bramble Bank. This shall not be grounds for redress. This changes RRS62.

9. The Courses

- 9.1. Courses are described in Addendum A.
- 9.2. No later than the warning signal, the race committee signal boat will display the course to be sailed and the approximate compass bearing to the first mark.

10. Marks

- 10.1. Marks 1, 1a, 2s and 2p will be orange inflatable buoys.
- 10.2. The starting and finishing marks will be an RTYC dan buoy.
- 10.3. A new mark, as provided in instruction 12.1 will be a black inflatable buoy.
- 10.4. A race committee boat signalling a change of a leg of the course is a mark as provided in SI 12.

11. The Start

- 11.1. The starting line will be between the staff displaying an orange flag on the committee boat and the RTYC dan buoy. An inner distance marker IDM may be laid. A committee boat displaying an orange flag may replace the RTYC dan buoy.
- 11.2. A boat starting later than four minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rule A4 and A5.
- 11.3. Bow or sail numbers of individually recalled boats may be broadcast on VHF as soon as practical. Failure to broadcast bow numbers will not be grounds for a request for redress. This changes RRS 62.1(a).

12. Change of the Next Leg of the Course

- 12.1. To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2. Course change signalling will only be made when the course change is more than 10 degrees or more than 200m distance. This changes RRS 33.

13. The Finish

- 13.1. The finishing line will be between a staff or hoist displaying an orange flag on the committee boat and either the RTYC dan buoy or the last mark of the course. A committee boat displaying an orange flag may replace the RTYC dan buoy.

14. Time Limit

- 14.1. The time limit for each race shall be 80 minutes.
- 14.2. Boats failing to finish within 20 minutes after the first boat sails the course and finishes may be awarded a finishing position or DNF (Did Not Finish) without a hearing to enable further races to be sailed or to allow racing to be concluded. This changes Rules 35, A4 and A5.

15. Protests and Requests for Redress

- 15.1. Protest forms are available at the office at the Sugar Store Events Centre at Shepards Wharf Marina. Protests and requests for redress or reopening shall be delivered to the office within the protest time limit. Contact mobile phone numbers must be included on the protest form.
- 15.2. The protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 15.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of the hearings in which they are parties or named as witnesses. Hearings will be held in the protest room located at Shepards Wharf Marina beginning at the time posted.
- 15.4. Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.5. A request to reopen a hearing shall be delivered:
- a) Within the protest time limit if the requesting party was informed on the decision on the previous day;
 - b) On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2
- 15.6. For infringements of rules other than in Parts 1 and 2 of the RRS, the penalty for a breach of a rule may, at the discretion of the protest committee, be less than disqualification.

16. Scoring

- 16.1. Eight races are scheduled and three races are required to constitute a series.
- 16.2. All races will be scored.

17 . Safety Regulations

- 17.1. All boats shall approach the committee vessel and display their sail or bow number prior to the start of the first race each day. At the same time, a boat shall notify the race committee if any of their sails carry different sails numbers to that registered on yachtscore.com.
- 17.2. A boat that retires from a race shall notify the Race Committee as soon as possible on VHF, or by hailing an official regatta support boat/rib.

18. Replacement of Crew or Equipment

- 18.1. Substitution of competitors will not be allowed without written approval of the Race Committee.
- 18.2. Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for equipment substitution shall be made in writing to the race committee.

19. Haul-Out Restrictions

- 19.1 Boats shall be afloat before 1730 on the day before the regatta begins.
- 19.2 Boats shall not be hauled out during the event except with and in accordance to the terms of the prior written permission of the Race Committee.

20. Radio Communications

- 20.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones. The race committee may broadcast information to competitors on VHF both before and during a race. Failure to receive shall not be grounds for redress. This changes RRS 62.1(a).

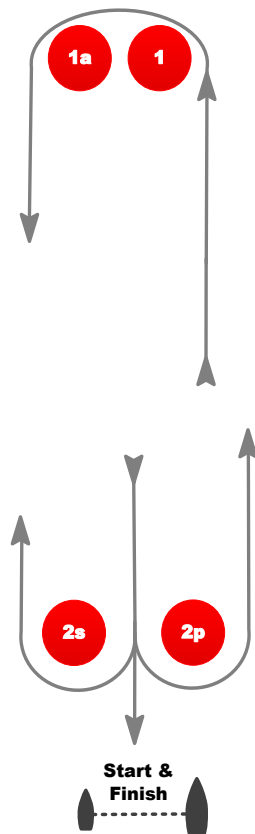
21. Risk Statement

- 21.1 RRS 4 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers along.'
- 21.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- 21.3 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 21.4 They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- 21.5 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- 21.6 Their boat is in good order, equipped to sail in the event and they are fit to participate;

- 21.7 The provision of a race management team, committee boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities.

Addendum A – The Courses

LA	COURSE: WINDWARD / LEEWARD with spreader mark and leeward finish
Signal	Mark Rounding Order
LA2	Start – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA3	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA4	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish



WA	COURSE: WINDWARD / LEEWARD with spreader mark and windward finish
Signal	Mark Rounding Order
WA3	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – Finish
WA4	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – Finish

